



158 Browning St
Bathurst
NSW 2795

CALENDAR DATES

17th September
Naidoc Week
10.30am - Naidoc March

18th September
Naidoc week assembly

28th September
Term 3 Ends

15th October
Term 4 Starts



FUN FACTS

Like fingerprints,
everyone's tongue print is
different.

Rubber bands last longer
when refrigerated.

There are 293 ways to
make change for a dollar.

A shark is the only known
fish that can blink with
both eyes.

Almonds are a member of
the peach family.

An ostrich's eye is bigger
than its brain.

Tigers have striped skin,
not just striped fur

Carenne School Newsletter

Quality Education ~ Towards Independence

Term 3 Week 8 2018

Eisteddfod

Last Tuesday we had our final performance at the Bathurst Eisteddfod with our senior dance group. The students have been practicing for many weeks and did a wonderful medley of songs. Unfortunately, Mrs Kemp wasn't able to be there on the day, but the students definitely made her proud. A big thanks to all the staff and parents who assisted on the day to make our performance so successful.



Athletics Super Stars

What an amazing run our athletes have had. First in Dubbo with all of our athletes placing either 1st or 2nd and then last week in Homebush for the NSW CHS Carnival. Jarad, Lachlan, Connor, Aaron, Stanley and Caitlin all competed and won a number of silver and bronze medals in discus, javelin, long jump and 100 and 200 meters. Thanks to their super coaches Mr Ryan, Mrs Hundy and Mr Phillips for their ongoing commitment.

Old MacDonald Day

Last Friday we had our farmers fundraiser with students coming dressed as their favourite farmer or Old MacDonald character. Unfortunately our lunchtime activities were rained out, however we managed to raise over \$230 for *Buy a Bale*. Thanks to all the support from our families for this important fundraiser. Everyone had lots of fun on the day with some of Class N dressing up as sheep and leaving deposits all over the school!



NAIDOC Week

Next week we celebrate NAIDOC Week with this year's theme "Because of her we can" which highlights the contribution of Aboriginal women. Our Aboriginal students are participating in a NAIDOC march through town on Monday morning finishing at BMEC with the official opening of NAIDOC Week. On Tuesday afternoon we will hold a whole school assembly and on Thursday students will participate in some indigenous games.



Have a great week, Jane Crosland, Principal

We acknowledge Aboriginal and Torres Strait Islander peoples as the traditional custodians of our lands, Australia. We acknowledge the Wiradjuri nation as the traditional custodians of these lands we now call Bathurst, and we pay our respects to their Elders both past and present.

www.carenne-s.schools.nsw.edu.au

NAPLAN

This year we have had 4 students sit for NAPLAN and those students will be receiving their results today. We have also trialled NAPLAN online this year. The supervising teachers of NAPLAN online were all very complimentary of the new system and the accessibility it allows for our students. We trialled this new system with 5 students from Carenne and 9 students from our MTC site. All of our students also found this system to be very user-friendly. We look forward to engaging with NAPLAN Online next year.

Spring



It is very refreshing to see the grass becoming green with the recent rainfalls and lovely spring days. It is a the perfect time to remind our families of the importance to remember sun safety. At school we will have sunscreen available for all students and staff and we encourage all students to wear a hat when outside.

Camp

With only three school weeks to go until we leave for Broken Bay I would like to remind everyone to complete their child's online medical and consent form. It is important that these are completed before the holidays. Today I will send home another note about camp. Please call either myself or your class teacher if you need any assistance to complete the form. Also a friendly reminder that camp payments are due and can be paid by following the link on the school website or by paying at the office. *Take care, Nadine Dwyer Deputy, Principal*



Cyber Safety

An informational talk for
young people and their
guardians

Presented by Constable
Matthew Holden,
Chifley Youth Liaison Officer



Tuesday 16 October @ 4.30pm
Bookings 6333 6281

Can you share your experiences of accessing speech pathology services? Are you able to access the technology you need? A study from Griffith University being carried out by a speech pathologist in NSW is trying to find out more about parents' and carers' experience of accessing services like speech pathology and their opinions about different types of services that are offered. The questionnaire takes about 15 minutes to complete and is completely anonymous. The aim of the study is to provide a picture of the availability of services for families in rural and regional areas as well as your preferences for how these services are delivered (e.g. Have you been able to see a speech pathologist if you needed one? How do families feel about telehealth services? What types of services do you think would work best for your child?). We hope that the information provided by families will help inform decisions about services in the future. If you are interested in completing the questionnaire, simply click on this link: <https://prodsurvey.rcs.griffith.edu.au/prodls190/index.php?sid=73724&lang=en> The questionnaire works best on a computer (lap top or desk top). Thanks for your help!

CLASS T

Jessika San-Martin / Allison Couchman (Teachers)
Yvette Smith (LSO)

Ms Couchman and Ms San-Martin have joined Class T and we have been busy getting to know the students and participating in lots of engaging learning experiences.

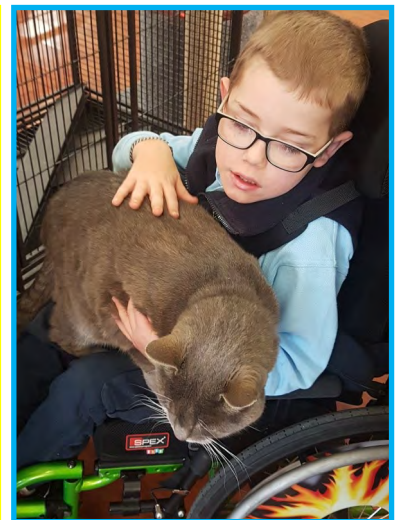
Exploring halves

In mathematics, Class T have spent the last few weeks exploring halves in their everyday lives. We have used playdough to make various objects like fruit and then cut these in half to share with each other. We have also drawn another half of a pizza, folded paper and have been playing memory to match halves of animals bodies.



Pets; their needs and their environments

In science Class T have been learning about pets, their needs and their environments. The highlight so far has been our visit to the pet shop. We looked at and played with a number of different animals. We also identified the things in the pet shop we would need to buy to care for the animals.



CLASS Mc

Kylie McDonald (Teacher)

Marg Rowe (SLSO)

Welcome to Term 3 and a big welcome to Ali and his family to Carenne School.

This term Class Mc are working on a unit of work about 'pets and their homes'. The students are really enjoying our Wednesday visits to Pet Therapy to see Mrs Gavin and her adorable animals. We have been learning how to care for animals by feeding them food, supplying fresh water and clean shelter and we have created a great display of animals facts and photos in our classroom.

The Book Week Parade was lots of fun with Pirates, an Olympic Athlete and the Hungry Caterpillar and Butterfly representing the students love of stories.

During our visit to Healthy Harold we learnt how important it is for us to eat healthy foods, drink water and to get LOTS of sleep each night.

Congratulations to Dominic, Jake and James who performed at the Bathurst Eisteddfod this week.



CLASS C
Kerryn Cafe / (Teacher)
Steph Cupples (SLSO)

Class C in science have learnt about resources, water use, water conservation and we are currently studying our solar system. In PBL we have worked on personal space, following instructions, asking for help and being a good friend. We had a lot of fun reading Dr Seuss stories in English and enjoyed participating in the Book Week Parade.

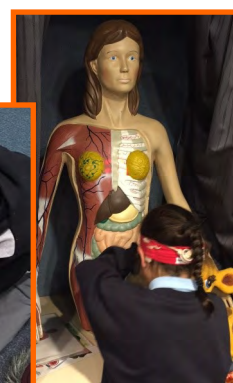
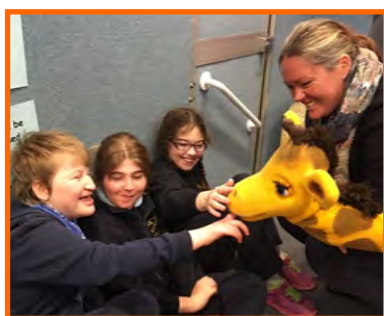


We visited the Life Education Van recently and learnt all about the inside of our bodies. We talked about the things our bodies need to stay healthy, where our organs are located and the effect of exercise on our bodies.

The multisport carnival was a highlight of our term so far. Everyone had a fantastic time and participated well in each of the sports that were on offer.

Great effort Class C!

Kerryn, Steph and Rebekah.



CLASS F

Sue Flude (Teacher)

Emma Rush (SLSO)

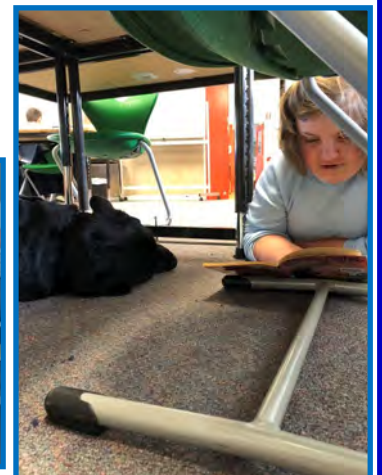
This term we have been learning about Australia and how it has developed into the nation we know it as today. We have researched explorers of the seas and how European settlers came to live here. We have learnt about the early relationships between Indigenous Australians and European settlers, the development of Port Jackson, what the settlement life was like in the 1800's and the need for inland exploration. We have been learning about the nations Federation and significant people that have helped shape Australia, whilst reading stories and poems and continuing with our reading and math's activities in math and literacy groups.

In personal development we have been discussing what values are important to us. Such as; honesty, resilience, kindness and how values affect our friendships at school, at home and in the community. We have continued with focusing on the importance of healthy cooking and eating, personal hygiene and appearance.

Everyone enjoyed visiting Healthy Harold and learning about healthy and safe lifestyle choices. The 'Fresh Kids' competition is continuing until the end of this month. It is wonderful to see students bringing healthy food choices in their lunchboxes.

Students have been busy with Eisteddfod performances, Book Week Parade and Old MacDonald Day. It's rewarding to see our students involved in community activities.

We have been continuing with our PBL expectations and reminding everyone that PBL can be used at school, home and in the community.



CLASS W

Myles Woodward (Teacher)

Wendy Lynch (SLSO)

Class W have enjoyed many activities this term and have celebrated several birthdays. The Life Education Van visited us earlier in the term which continues to excite and engage our students through activities which promote looking after ourselves and focussing on healthy eating and positive choices.

Book Week was exciting for the students who came to school dressed as various characters and the parade was a lovely way to finish the week. Class T joined us on an excursion to the Bathurst Library to listen to several book readings and to meet Olivia the pig. It was wonderful to see all students displaying perfect behaviour while outside the school environment.

Week 6 began in a flurry with the Bathurst Eisteddfod on Monday morning. The students in Class W joined with Class C to perform in front of parents and carers at BMEC. All of the students gave their best and we received many compliments from our Carenne family regarding their effort. Well done to all those involved. During that same week on Tuesday students from Class W and Class C participated in the Multi-Sports Day at the Bathurst Indoor Sports Centre. The students were able to participate in various activities designed to give them a taste of many sports. All of the students had a fantastic day and once again were on their best behaviour.

I am very proud of Class W fitting in all academic work as well as these special events. This is made easier knowing that our students consistently demonstrate exceptional behaviour while we are out and about. A huge thank you to all of the students for their continual improvement and focus during class activities and our outings into the community



CLASS M

Clare Moore / Rebekah Ravesi (Teacher)
Juliette van Emmerik / Katherine Porter (SLSO)

Class M participated in the Bathurst Eisteddfod, performing with the Signing Choir during Education Week and visiting Healthy Harold in the Life Education Van learning about the use of medicines. We've also created a large visual display of the Solar System as part of our unit of work on 'earth and space' and have begun making models of the Earth.

Our Book Week activities included stories and art work about pirates and treasures and the students produced unique and colourful pictures of pirates. The class has also been participating in weekly food technology lessons with Mrs Ravesi and Mrs Porter and learning how to read and follow a recipe to accurately measure and cook ingredients. The results have been delicious!

Congratulations to class members Caitlin, who has represented Carenne School at Homebush Athletics Championships and Montana who is responsible for having the new signs for the duck pond erected in Machattie Park. Well done to Caitlin and Montana!

We also had an August birthday to celebrate....Happy Birthday Taylor!



CLASS B

Anne Baskerville / Meg Turner-Mann / Ellen Sutton (Teacher)

Kym Tattersall (SLSO)

This term we welcomed Ms Turner-Mann and Ms Sutton to the Class B crew replacing Ms Baskerville whilst she recuperates after having both knees replaced, she is recovering well. Ms Sutton is replacing Ms Mouatt who is now on maternity leave awaiting the arrival of baby number 2. We are all thinking of our teachers on leave but the show must go on so Class B students are staying on task and working hard.

This Term we have been studying the theme of 'outer space'. We have been very active making many out of this world art works and cooking yummy treats.

Carenne students also celebrated Book Week and were all excited to join in the Book Week Parade. We dressed up as pirates and Where's Wally. It was loads of fun with a wonderful afternoon had by all.

A special thanks to our Parents, Grandparents and Aunties that were able to come and celebrate Book Week with us and look at students class artwork.

Until next time, Meg, Ellen, Kym and The Class B Kids.



CLASS K

Janelle Kemp / Janet Allen (Teacher)
Angie Cranston / Donna Kennedy (SLSO)

Class K have had a busy Term 3. We have been learning about the human body and a visit by Healthy Harold was a wonderful experience, reinforcing our understanding of the human body. Emma, Brady and Maylee were Harold's biggest fans. We are very proud of Callan's winning performance in the state Game Change Challenge event. PJ has also been very busy participating in many different extra curricula activities including the RFS first aid course. Matthew was a great helper assisting with the Boomwackers Dance Group performance and the whole class enjoyed creating a NAIDOC artwork.

Many of us participated in the Eisteddfod Signing Choir and dance group. Callan, Maylee, Patrick and PJ did a wonderful job with their performances particularly with Mrs Kemp being away and unable to instruct the dance. The children really stepped up in her absence. We miss you Mrs Kemp and we hope you are making a speedy recovery.



CLASS R

Adam Ryan (Teacher)

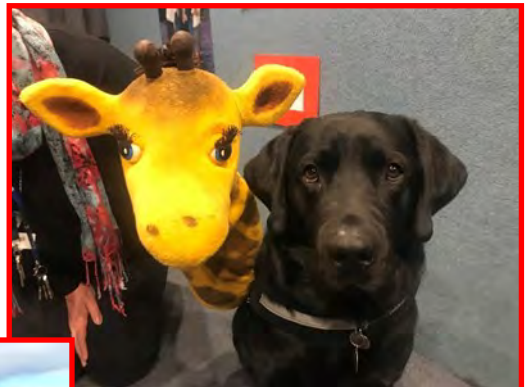
Paula Hundy / Mick Phillips (SLSO's)

The students have continued to work exceptionally hard on their writing, reading and communication during class time. We had a visit to see Healthy Harold, where we learnt all about smoking and the negative side effects of it.

Four members of our class competed at the Western Region CHS Athletics in Dubbo and NSW CHS Athletics in Sydney. Each student tried their best and everyone came away with new personal bests. The Defense Community Dogs program continues to visit us, and we are surprised each time when the dogs have learnt new and exciting commands. This week one of the dogs would bark on command and would also adjust his volume when asked too. Wow!

Connor represented the class and school at the Game Change Challenge in Sydney, where Carenne School won first prize with their 'Wellness Biome' presentation.

Kevin the goat has made his transition to living at RDA and has had his horns trimmed. He continues to be a star attraction at pet therapy and the boys enjoy their visits with him.



CLASS S

Peta Sykes (Teacher)

Karina Molenkamp (SLSO)

The students enjoyed having our parents and carers come and visit for our Book Week open classrooms. It was lovely to catch up with everyone and show off our impressive art works and all the work we have been doing so far this year. Thanks for all the parents help with dress ups. The students had a great time dressing up as their favourite characters and enjoyed joining in the book week parade.

The students also did a fabulous job at the Eisteddfod showing off our boom whacker skills. The students were so well behaved and were delighted to see the parents and carers in the audience.

We continue to learn about the colonisation of Australia this term and have looked at some books and poetry which follow the theme of Australian History. The students have enjoyed learning about what life was like for the early settlers and have also had the opportunity to learn about the Indigenous perspective of Australian history.



CLASS N

Terry Neal (Teacher)

Kathleen Matheson (SLSO)

So far in Term 3 we have had many interesting discussions involving maths and English. We have also completed lots of art and craft for Book Week as well as ancient Chinese history.

Most of our class also went to the Boccia Championships in Sydney and have successfully participated in the Bathurst Eisteddfod this week.

It has been rewarding to see Aaron do so well with his Regional Athletics and he is now in the Western Region Representative Athletics Team for the State CHS Athletics Championships. We all wish him well and we know he will do his best.

We have been doing well at work experience with a very good canteen crew as well as Gabrielle doing school deliveries and Aaron on the outside work crew.



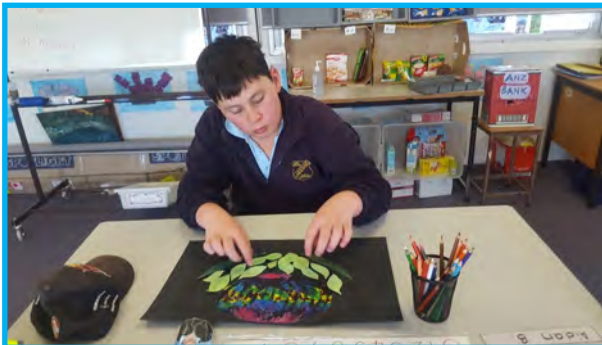
CLASS O

Christine Okello (Teacher)

Robyn Staader (SLSO)

Class O students have been engaged in researching information on the internet. Students had a chance to research information for excursions in Bathurst and then visit the sites. The topic of study was to learn about the history of key sites in our region. Students took a special interest in fact finding about the history of car racing (Bathurst 1000). They noted that this event was first held in 1960 and by then it was known as the Armstrong 500.

Students also visited and learnt about other landmark sites in Bathurst such as Abercrombie House, Ben Chifley House, The Panner, Goldfields, the Court House and the Adventure Park among others. It was interesting to see how this unit was of significant interest to the boys.



Further research was on how we can keep our homes safe, conserve our land and protect the earth. Natural disasters and calamities cannot be prevented however human interference can be minimised. Students learnt about dangers of bushfires and how people can prevent them from happening or minimise the damage.

CLASS L

Ros Luther/Ellen Sutton (Teachers)
Melinda Gavin / Mick Phillips (SLSO's)

Class L have been learning all about China. We are in the middle of building the Great Wall of China and also making some Chinese pottery figures. They are looking pretty awesome!

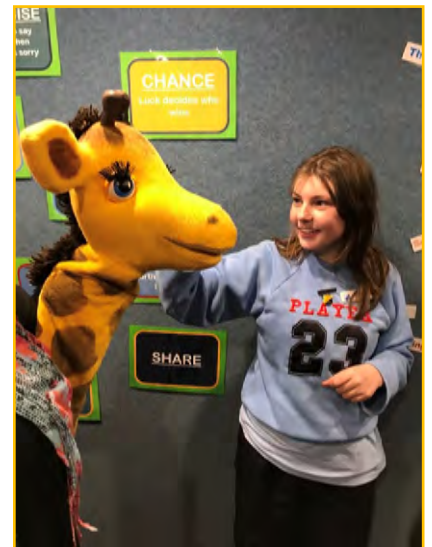
We also had a visit from Healthy Harold and the Life Education Van and we were focussing on relationships and how to be a good friend as well as a good family member.

We spoke about using nice words, being truthful and helping whenever we can, as always we enjoyed meeting Healthy Harold and we all gave him a hug and a pat before we left.

Class L always enjoys our shopping trip to Bernadi's IGA to do our weekly shop, where we purchase items for our cooking program as well as our work experience Coffee Club. It has been nice to see how our class have been learning to stay with the group to keep safe and also waiting for any vehicles when in the carpark.

Bernadi's IGA have been wonderful in allowing us to choose a piece of fruit to enjoy.

We thoroughly enjoyed dressing up for Book Week and showing off our classwork to our visitors.



CLASS A

Michael Auld (Teacher)

Donna Kennedy (SLSO)



It's been a busy year for Class A so far. Term 1 and 2 kept Class A busy creating and submitting a five minute video for the 'Focus On Ability' competition. Not only were they busy creating and editing this video, Class A students were also interviewed by the local newspaper and TV station when the NSW Government handed over a grant to RDA.

To continue on with their media and video editing skills, Class A entered a one minute video into the inaugural 'Game Changer

Challenge' and they were lucky enough to be selected to compete in the challenge. A team of six students represented Carenne School and headed to the new HQ Department of Education District Office at Parramatta in week 3 of this term. Class A students Mitchell, Will, Keith along with Connor (Class R), Callan (Class K) and Kade (Class F) worked very hard to present their pitch of creating a "Wellness Biome". The student's hard work paid off with Carenne School winning the challenge!

A huge thank you to Mrs Dwyer, Mr Ryan, Mr Phillips and Mrs Kennedy for accompanying and supporting the students. It was a massive team effort by all involved. Class A are now busying themselves for their next video project!



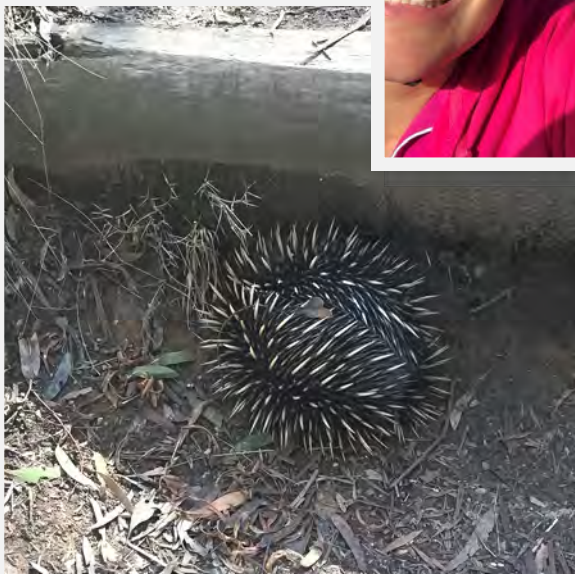
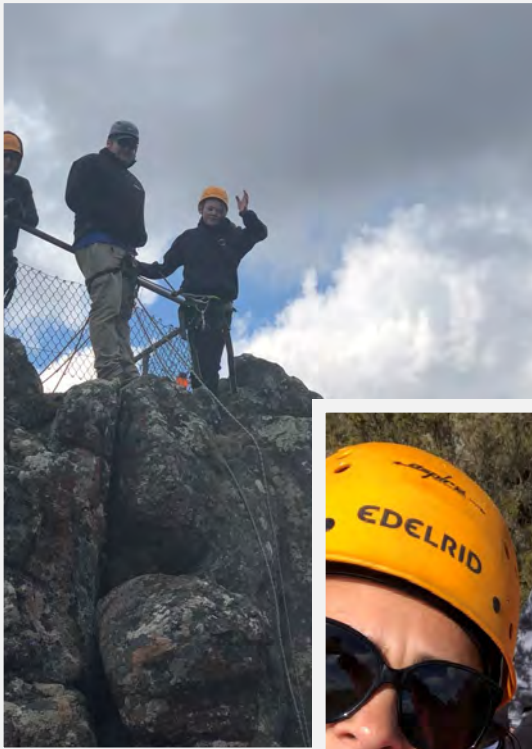
Macquarie Tutorial Centre

Leeanne Graham / Katrina Johnston / Katie Moss (Teachers)
Jodie Toomey / Khiara Ryan / Joy Dunbar / Jack Begg (SLSO's)

As this term draws to an end, all staff and students have continued to work really hard at the Macquarie Tutorial Centre.

Last week Class M were able to participate in an Aspire abseiling excursion. Six students travelled to Mount Pinnacle with Ms Graham, Miss Moss and Mrs Ryan. It was the first time that the students would be trying their hand at abseiling. All the boys were excited to be able to participate on the day.

Some of the students conquered their fear of heights to abseil down the seven and a half meter rock face, while others confidently abseiled like professionals. The whole class had a fantastic day and enjoyed the new experience immensely.



Sport and Recreation

Terry Neal

We have had a great term with our school's sport and recreation program. Most classes did their own weekly sport every Tuesday. It was pleasing to see so many different sports and skills being practiced on the sports oval and in the COLA.

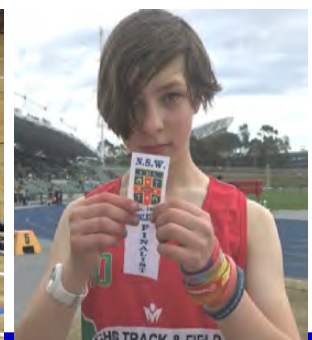
The junior primary students went to the Multi Sports day at the Bathurst Indoor Sports Stadium and had a great time learning about game skills for ten different sports.

The Carenne Cannonballs went well at the State Schools Boccia Championships at Homebush recently. They won two games and were defeated in two, but did well for their first time at this high level.

Our Western Region athletics squad para athletes also did very well at the State CHS Athletics Championships at Homebush last week. Three of our Carenne students won medals and all achieved personal bests in most of their events. Good to see Stanley and Aaron at the State Athletics.

We have Class W going on a bushwalk in Week 10 and the senior secondary students/graduates going to the Sports Gala Day on Friday. We also went to Dubbo on Thursday for League Tag.

We are looking forward to our Broken Bay Sport and Rec Camp coming up in late October, as well as regional carnivals in AFL, T-Ball and Basketball and Learn to Swim Program. We continue to be very active and having fun with sport.





Stressed about back to school costs?

**Would \$500 help pay for uniforms, books, excursions,
tutoring, a laptop or tablet?**

Saver Plus matches your savings for school costs, dollar for dollar, up to \$500!


You may eligible if:

- you have a Health Care or a Pensioner Concession card,
- you or your partner have some regular income from work such as full-time, part-time, casual or seasonal work, and
- you have internet access and can be contacted by email.

Contact Anne Yates
your local Saver Plus Coordinator:
02 6762 9700 / 0431 651 571
or anne.yates@benevolent.org.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in the Bathurst and Orange area by The Benevolent Society. The program is funded by ANZ and the Australian Government. Find more information at saverplus.org.au.

Library **SPRING** School Holiday Program 2018

 <p>BATHURST LIBRARY DISCOVER MORE.</p> <p>Advanced payment & bookings essential.</p> <p>Cash and eftpos payment available.</p> <p><u>Refunds only given with 24hr notice of cancellation.</u></p> <p>Bookings with payment are to be made in person at the Bathurst Library.</p> <p>Parents & carers MUST PICK UP their children on time.</p> <p>For Enquiries phone: 6333 6281</p>		<p>TUESDAY October 2nd</p> <p>Bird & Dinosaur Masks</p> <p>Time: 10:30am—12pm</p> <p>Limit: 14 FREE Ages: 3-6yrs (All children must be accompanied by an adult)</p> <p>This is a great craft workshop for pre-school and kindy aged kids. We will get creative making bird and dinosaur masks.</p> 	<p>WEDNESDAY October 3rd</p> <p>Felt Owls</p> <p>Time: 10:30am—12pm</p> <p>Limit: 15 FREE Ages: 6-12yrs</p>  <p>With just a little bit of basic sewing you will be able to create your own little owl to take home.</p>		<p>FRIDAY October 5th</p> <p>Miniature Gardens</p> <p>Tutor: Fiona Howle</p> <p>Time: 10:30am—12:30pm</p> <p>Limit: 20 \$10 Ages: 6-15yrs</p> <p>Take your papercraft skills to new levels when you cut, curl, quill and paste using a wide variety of beautiful papers to make a take-home spring garden.</p> 
		<p>TUESDAY October 9th</p> <p>Bubble Art</p> <p>Time: 10:30am—11:30am</p> <p>Limit: 15 FREE Ages: 3-6yrs (All children must be accompanied by an adult)</p> <p>Aimed at younger kids, this workshop is sure to be fun. You will make beautiful art using food colouring and BUBBLES!!!!</p> 			<p>THURSDAY October 11th</p> <p>Garden Journals</p> <p>Tutor: Fiona Howle</p> <p>Time: 10:30am—12:30pm</p> <p>Limit: 20 \$10 Ages: 6-15yrs</p>  <p>You will start with a lovely little book and lots of real, fresh picked flowers and leaves to press into your pages, identifying species and learning more about gardens.</p>

Keep calm and carry on for school of future



Carene School's winning Game Changer Challenge team with therapy dog Ollie. Photo: David Porter

Julie Power

Imagine every school had an oasis of calm with a care dog, greenery, and a relaxing water feature. Students would wear watches that would alert teachers when their heart rates were elevated from stress or anxiety, and they needed to de-stress in a wellness biome.

When students from Carene School in Bathurst outlined this vision for a school of the future, they weren't thinking about what made them different but what they had in common with students across Australia.

Carene's vision to reduce students' depression and anxiety won the inaugural Game Changer Challenge, beating a range of mainstream schools.

It is estimated about 10 per cent of young men and about 20 per cent of young women and women aged 16 to 25 suffer from anxiety, and the numbers of younger children with anxiety is growing, too, say experts.

The students at Carene – a school for specific purposes catering to children with intellectual and/or physical disabilities including autism and cerebral palsy – are no different.

Presenting Carene's vision after a three-day workshop with other finalists in Sydney, Kade Muldoon, 12, said students couldn't learn if they were anxious or depressed.

"It is vital that our future schools provide safe, calm and relaxing places for happy and healthy students to learn and grow," said Mr Muldoon, the youngest member of the team.

When the team won, Mr Muldoon said his jaw dropped. Everyone else cried, including

the school's principal, deputy and even "the communications lady" from the Department of Education. Deputy principal Nadine Dwyer said the school – and parents – preferred to emphasise the students' abilities, not their disabilities.

"We want to showcase our students' abilities, and what they can bring to society, the world and to us," she said.

Some of the other schools' ideas were very futuristic but she said the Carene students thought about issues that affected children today. "It is an

immediate problem that we can have a solution to now, and we can build upon it in the future when new technology is available," Ms Dwyer said.

For some teachers, it was proof that Carene's students could compete and outperform students in mainstream schools.

Joint school captain of Carene School in Bathurst, Mitchell Allan, 18, admitted the Challenge had made him feel nervous about the idea of competing in Sydney outside his normal comfort zone.

Mr Allan, who came up with

the initial idea with the other school captain, Will Tatnell, 17, said he was inspired by visiting his uncle's farm in the "middle of nowhere".

"All my worries go away because of the trees, the dogs, and the birds and the insects. It is quite peaceful," he said. At school, he takes his wheelchair for a drive around the playground when anxiety builds up.

The idea of a biome was suggested by Keith Pracy, 15, who had researched Singapore's giant glass domes housing cloud forests.