

Carenne School Newsletter

Quality Education ~ Towards Independence

www.carenne-s.schools.nsw.gov.au

TERM 4 WEEK 4 2020

CALENDAR DATE

12th November Ten Pin Bowling -Orange

13th November Boccia - Bathurst

2nd December Yr 12 Graduation

16th December Last Day Term 4 for Students



Our oceans cover more than 70 per cent of the Earth's Surface

There are more historic artefacts under the sea than in all of the world's museums

Less than 5 per cent of the planet's oceans have been explored

Presentation Days to go ahead!

We are very excited that the Department has just announced that we are able to hold Award Presentations at school with external visitors allowed. There are still COVID restrictions on the number of visitors on site and the space we are able to use. Mrs Dwyer is organising different times and days for classes and will send information home next week. While we are disappointed we are not able to get together as a school and community we are pleased that we are still able to celebrate your children's achievements with you in person. Presentation Days will be held during Week 9, the week starting 7th December.

School Planning 2021 - 2024

As we near the end of 2020, we have started on our School Plan for the next four years. As part of the planning process we will be seeking parent and community input into our strategic directions and look forward to sharing with you some of the data we have collected in the lead up to our planning process. Over the next few weeks we will be sending information home, posting on Facebook and calling some of you to gain your thoughts about our priorities for your children and Carenne School.

Minister's Student Council

It's not everyday that a student from your school is selected to represent almost one million public school students in NSW! Congratulations to PJ who has taken on this important role to meet with the Minister for Education and Department of Education senior officers to engage in discussions to help shape education in NSW.

Yr 12 Graduation

Our Yr 12 Graduation will be held on Wednesday 2nd December to celebrate our fabulous school leaders and their achievements at Carenne. Parents/carers of Yr 12 please purchase your tickets and RSVP at the front office by next Friday.

Book Week

It was lovely to dress up and celebrate Book Week. Thank you to Cody and Keith, our School Captains, who chose the 2 Best Dressed Staff. Congratulations to Mrs Sutton and Ms Jones!

Have a great week, Jane



We acknowledge Aboriginal and Torres Strait Islander peoples as the traditional custodians of our lands, Australia. We acknowledge the Wiradjuri nation as the traditional custodians of these lands we now call Bathurst, and we pay our respects to their Elders both past and present.

NAIDOC Week

Next week is National NAIDOC Week for 2020. This years theme is 'Always was, Always will be'. Carenne School will be participating this year in a number of activities within the school. On Monday classes can watch the live stream of the NAIDOC Week opening at 10:00am. This opening ceremony has been constructed using video footage of local schools all completing different parts of the ceremony. During the week students will be learning about history, culture and achievements of Aboriginal people. All activities will be conducted at school this year as we navigate through COVID—19 restrictions. We look forward to sharing some photos of our celebrations with you.



Regulation

This term the staff at Carenne have been learning about optimal conditions for students to learn and strategies to make sure our students are ready to learn. We have been learning how to recognise the importance of the mental state and perceptions of every student, and how to develop their confidence and enjoyment of learning. Earlier this year you would have seen that both Carenne School and Macquarie Tutorial Centre have installed exercise equipment to assist students to self-regulate and co-regulate with both teachers and peers. Evidence shows that repetitive and rhythmic activity can assist students to regulate their behaviour enough to be ready to learn.





Class 1

Kylie McDonald (Teacher)

Marg Rowe (SLSO)



Class 1 have been working on our Personal Development and Health unit all about Safe Living.

We have recently completed activities on Sun Safety, Water Safety, Fire Safety and Road Safety whilst incorporating our school PBL expectations and language.

We learnt the sun safety rules to **Look after Ourselves** of Slip, Slop, Slap, Seek and Slide' and we continue putting on sunscreen and hats before going outside to play each day at school.

Class 1 learnt important water safety rules to *Be Safe* near water by always *Staying with the Group*, an adult, and to never swim alone. We learnt about fire safety and to never touch fire and we role played *Asking for Help* by shouting "Fire, help" when we saw pictures of a fire.

During our road safety lessons we practised safely walking across our classroom pedestrian crossing.

We learnt to *Look* with our eyes, to *Listen* with our ears, to *Think* and *Follow the Instructions* of an adult and to always cross at the lights. Class 1 used our own flashing traffic lights to practise these skills.

This term began our weekly visit to Pet Therapy where we are learning to *Care for Things* by being kind to animals. Well done Class 1 for being *Safe, Respectful Learners* at Carenne School.















Class 2 Janelle Kemp/Meg Turner-Mann (Teacher) Yvette Smith (SLSO)

Welcome to Term 4 2020! As usual the Class 2 students arrived back at school with a smile and were ready to learn. A highlight of this term has been dressing up for Book Week in Week 3. What a fun day everyone had in their dress-up clothes. Thanks to the mums and dads for their fantastic efforts with this. Every student coloured in a Book Week Colouring Sheet from the Library and Dominic won the prize for his amazing work. Congratulations Dom. We are also very proud to announce that Jake has created a fabulous art work in the Art Room which has been chosen to go on display in an exhibit called "Operation Art" at Sydney Olympic Park. His art work will eventually be displayed in Westmead's Children's Hospital which is a place most of our families know well. Congratulations Jake. This term we continue our work with the theme "Farm to Fork". So far we have learned about how coffee, honey and tomato sauce is made. The students love this work and are fascinated with the production process of our food items. We are also focusing on Safety this term and we are looking at ways to be safe in the sun and water. We will also be looking at Emergency Services and how they can help us. Thanks everyone - from Class 2.













Kerryn Cafe (Teacher)

Steph Cupples (SLSO) Sarah Cheesman (SLSO)

A great start to the term in Class 4. This term we are working on a safety unit in PD/Health learning all about people we can trust, stranger danger, safer strangers and buildings, public and private places and body parts, water safety, cyber safety, road safety and sun safety. In history we are studying democracy and citizenship where we learn about levels of government, voting, the importance of contributing positively to society and human rights in Australia.

We continue to participate in our usual programs such as maths groups, English groups, PBL, gym, language program with Christine Porter, sport and pet therapy.

We had a great time recently dressing up to celebrate Book Week. The boys all enjoyed wearing their outfits and talking to their friends about the character they were portraying. Thanks Mrs Smith for organising the colouring in competition and judging our outfits.

This term is extremely busy and we look forward to lots of fun activities as we get toward the end of term, Kerryn, Steph and Sarah.



Sue Flude (Teacher) Emma Rush/Katherine Porter(SLSO)

This term is zooming so fast and everyone is working very hard. We all had so much fun at Book Week. It was delightful to see so many students and staff dress-up. We all had fun dressing up with different masks, hats, sunglasses, ties and outfits. Congratulations to Ella for winning the costume award and to Adison for winning the colouring-in competition.

This term in HSIE we are learning about Australian democracy and citizenship. We are exploring the different levels of government, what it means to vote and the different ways people can contribute to society. In PD/H we are focusing on safety at home and in the community. Students will be

completing activities on stranger danger and body safety, water safety and cyber safety. We are continuing to focus on healthy lifestyle choices including fitness and healthy food choices. We have been having lots of fun playing sport over at George Park on Fridays. In science with Mr Graham we have been growing plants looking at what living things need to survive. The students have been having lots of fun watching the seeds grow and taking turns to water them.















Arlene Monaghan (Teacher) Wendy Lynch (SLSO)

Class 12 have settled back into learning in Term 4. Students are enjoying learning through an integrated unit of work, focusing on Australia's Aboriginal and Torres Strait Islander peoples. This learning will include a variety of activities in visual art, history and literacy.

Stage literacy groups have also commenced and staff are thrilled with the level of dedication and mature attitude demonstrated during these sessions, well done everyone!.

In Science, we are leaning about the wonders of the solar system. So far, students have learned how a cloud of dust and gas in space initially formed the sun and planets, which was very enjoyable.

With some lifting of COVID restrictions, we have re-commenced our class excursions. We all enjoyed taking some time out at the Adventure Playground and we look forward to visiting some more of our favourite places in Bathurst over the coming weeks.



















Dezarae Bastow (Teacher) Rachelle French (SLSO)



Class 7 have begun a Child Protection unit that helps us to identify safe and unsafe situations and how to react appropriately to each. We've identified how our bodies react to stress and how to read and act-on those uncomfortable feelings. We've had lots of opportunities to practise assertive techniques through role play and are engaging in learning experiences that explore respectful relationships and effective communication. We're exploring

protective strategies to avoid, distance ourselves or reduce the risk of personal harm. We are also exploring what makes us unique and how these differences have contributed to us being valued members of Class 7 this year.





















Anne Baskerville/ Meg Turner-Mann (Teacher) Kym Tattersall (SLSO)

Hi everyone Class 14B are continuing our colour theme for the first part of this term. During these sessions we practise our fine motor skills, do some great cooking with Miss Meg and art and craft. We are making a wonderful book about all the different colours around the school.

Pet therapy, dance and music are among the group activities that we look forward to. Hydrotherapy is going well with the participating students all working hard on their programs with Dee.

Book Week was so much fun and our class was full of very Curious Creatures with Wild Minds as you can see in the pictures below.

We would like to take this opportunity to wish Ellie (and her family) all the best for a quick recovery after her surgery. All our thoughts are with you 'Poppit'!

Until next time stay safe and keep smiling.



Class 13
Erin Mouatt/Mitch Oxley (Teacher)
Kathleen Matheson (SLSO)

This term class 13 has been very busy! We have done some exciting artworks in class with Moore and Linda using paint and bubble wrap to make hot air balloons.

We had so much fun dressing up as a class for book week going as the different sheep from 'Where is the Green Sheep?' — we love dress ups. Our class has really enjoyed seeing Woody the sheep roaming around throughout the day, even being lucky enough to feed him. We have been working very hard on our signing and are enjoying our new book, 'Bat vs Poss'.















Aimee Sutton (Teacher) Cade Turner-Mann (SLSO)

Welcome to the last term for 2020 and what a term it will be. We have already been super busy with Book Week and we saw some very curious creatures indeed. In mathematics we are focusing on building our strategies to solve multiplication and division problems using concrete materials and Mathletics to cement our learning. English this term we are looking at the world of the storyteller and have started reading *Young Dark Emu: A truer history* by Bruce Pascoe. In science we have looked to the stars especially our sun to learn about our Solar System and the formation of the planets. History we have started to learn about the North American Indigenous peoples and comparing their experience to that of Australia's First Nations People. Next week we will be celebrating our Aboriginal cultures for NAIDOC Week and looking forward to the end of a challenging year.









Peta Sykes (Teacher) Mel Betland/Laura Belfanti (SLSO)

This week we are putting all the money skills we have learnt so far to good use and are planning a class party with a budget of \$20.00. We explored what makes a good party and thought about what food, decorations and activities we could have. As a group we decided to make pizzas and have a Christmas theme. Today we wrote a list of the things we would need to buy from the shop and found the cost of things on the IGA website. We had to cut some things off our party list as we went over budget. So far we have enough money for the pizza ingredients but not enough for drinks and dessert. Class 11 will have to think creatively to make sure that they can afford to buy some drinks and desserts as well for the party.

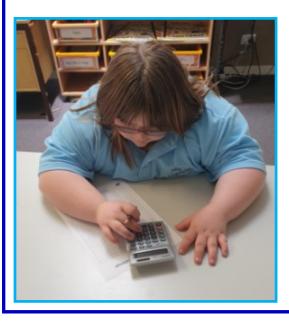
The Tech Mandatory students have started a new unit this term looking at Engineered Systems. We plan to make rubber band racers and collect data such as the distance travelled, the speed and the weight of the materials used to make the fastest rubber band racer. We are looking forward to making a prototype to test the racers and find out whether they need to be modified to improve the performance data.

Our Food Technology students have started a unit of work on Food Selection and Health. They will be looking at nutritional requirements throughout each stage of life and will learn how to create a nutritious recipe that reflects the Australian healthy food guides.











Leah Clements/Suzanne Wark (Teacher) Samantha Schofield (SLSO)

What a busy start to Term 4! The students are reading aloud each day, the daily practise is very helpful! They are working hard in their reading groups: targeted small groups focusing on different skills to help each student advance. It is fun exploring our Solar System in Science, finding out that you could line up 109 Earths across the face of the sun! We even cooked "S'mores" in our pizza box and foil solar-cooker, using energy from the sun to melt the chocolate and marshmallows. We watched a live-stream of the International Space Station, as the astronauts Robert Behn (red stripes on space suit) and Chris Cassidy did their 10th Spacewalk on the 28th of October. It was amazing to watch them working, while we were working at school on Earth! We have also looked at the phases of the moon, using a lamp as the sun, with an orange as the moon to rotate around us as the Earth. In Health we are learning about the changes to our body in puberty, how to keep our body safe and healthy, and who we can talk to when we need to seek help. We are working on our multiplication and division skills in Mathematics, putting objects in equal groups or arrays, skip counting or learning our times tables. We had a fun day in Book Week, with some students dressing up and Mr and Mrs Twit being the teachers for the day! We were writing funny Tall Tales in English, when one day to our great SURPRISE a donkey walked past our window! He was on his way for a Pets as Therapy visit, but he featured in some of our stories!













Christine Okello (Teacher) Mick Phillips (SLSO)

Our class has had an amazing year of hard work and great results. This term, in Science, we are learning about the Solar System. Each student was assigned a planet which they had to research, design and create a model of. Finished work is displayed in the classroom. In English, we are studying the novel, *Wonder*. In Maths, we completed a topic on measurement in which students constructed amazing 2 and 3-D shapes using popsicle sticks. After completing our Breakfast Around the World tour, this term, we are focusing on 'Paddock, Sea, Coop and Garden to Plate'. Each student is expected to create a recipe from the four categories and provide instructions of preparation. Our last week's winning recipe was Paddock to Plate won by Keith. Keith helped prepare his entrée recipe, which he called Sloppy Joe. We all enjoyed it.



Ros Luther / Clare Moore/Mitchell Helm(Teacher) Karina Molenkamp/Bailey Brien (SLSO)

Class 10 have been working steadily this term and have been concentrating on a number of tasks including TAS— and learning about where our food comes from and how it gets to the shops, Work and the Community—Connor has recommenced work placement at a new venue in Orange at the Union Bank— restaurant, working steadily in the kitchen and thoroughly enjoying his placement. Matt has revisited Mitre 10 and is working hard to unpack boxes, stack shelves and assist in whatever task they need him to. The other students work in a group run by Ms Couchman and they are working towards gaining work related skills such as sorting, organising, fine motor skills and many more all in readiness for the future.

Mr Helm has worked hard with Connor, Dylan and Matthew in teaching relevant events in history through online virtual tours, videos, and images, in conjunction with the novel: 'The Boy in Striped Pyjamas'. The boys have engaged well during the book study and contribute consistently to the lessons each week, including oral reading and guided discussion with peers as well as mind mapping.

Meanwhile Daniel has been steadily improving his reading through using Reading Eggs and continues to astound us with his knowledge. Taylor has been working really well in her tub work time and completing all her tasks with care. Maylee loves to work with Ms Molly to continue her reading program tasks set up by Ms Moore and is making steady progress.

Class 10 have had a lot of fun during sport time with Mr Helm and Bailey helping with cricket and t-ball activities being the favourites so far this term. We will keep on working hard until the end of term, we promise!!













Allison Couchman (Teacher) Laura Belfanti / Angie Cranston (SLSO)

We can't believe it is Term 4 already. We have recently welcomed Mr Rattray who is replacing Mrs Cranston on a Thursday and Friday. We have continued to make significant progress in English. We have been focusing on developing our phonological awareness and writing skills.

The boys have also enjoyed our integrated History and English unit focusing on the 1960's during which they have had the opportunity to study different film sets in the 1960's.

Our Year 12 students are now doing work experience 2 days a week in preparation for transitioning to work next year. As a result of this experience, Cody was offered a job with Glenray Industries. We

are very proud of Cody who recently graduated from TAFE with a Certificate II in Animal Studies

We recently welcomed 'Woody' our black lamb. He has a new

shelter and visits various classes around the school. We have enjoyed bottle feeding him. Woody was also a star in this year's Book Week dress-up.

We are also extremely proud of PJ who was selected as a member of the Minister's Student Council. He is one of 12 Year 10 and 11 students who were selected to represent their peers.













Macquarie Tutorial Centre

Leeanne Graham / Donella Zakaria / Katie Stanford / Tania Pringle (Teacher)

Jodie Toomey / Jamie Tickle / Julie Buining (SLSO)

At the end of last term we were very excited to have exercise equipment installed on our campus ready for use day one of Term 4. Our students have been participating in daily fitness sessions, recording daily results and measuring, tracking and graphing our results.



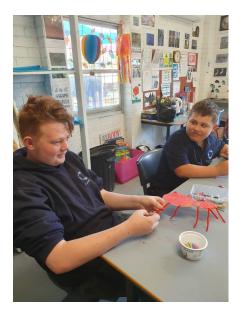




MTC have hatched chickens and as part of our Agriculture studies we currently have chicks and ducklings on site. This is a great opportunity for the students to develop responsibility and nurturing skills while our Stage 3 students learn about life cycles and our high school Ag students are learning about colour genetics and breeding programs. Raising chickens at school has also contributed to discussions about sustainability.

Class Z have welcomed two new additions, our class pets Uncle Stevie and Wanda.

Students have loved being part of the Art Program at Carenne, creating curious creatures using a mix of techniques and media. This session saw students learning how to create interesting patterns and designs onto a mixed media spider.





Carenne Art Program

Clare Moore (Teacher) Linda Jones (SLSO)

We've started Term 4 with a look at "Insects, Spiders and Creepy Crawlies". The students have used a range of materials and techniques to create their artworks and as always, the results are impressive. Carenne School has recently been represented in Regional and State Art Exhibitions. Adam Burns' "Self Portrait" was selected as a finalist in Bathurst Regional Art Gallery's Young Archie Competition and we currently have four students' art works exhibited in the Operation Art Exhibition. Logan Dutheil's "Forest Birds" is to be included in the Operation Art *Touring 50 Award*. These artworks tour NSW galleries in 2021, opening first at the Art Gallery of NSW in March 2021. They will then find their home in the permanent art collection at The Children's Hospital at Westmead. Jake Guntley-Todd's "Beehive" received an Operation Art *Paw Pick Award*. These artworks were selected as a teaching resource for Creative Classes units. Well-done to all our exhibitors.

























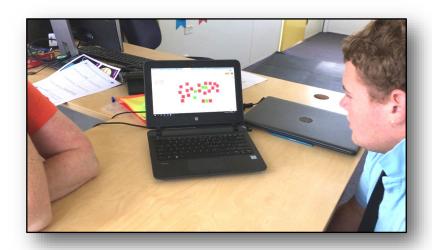
Teaching and Learning

Belinda Henry (Instructional Leader)

During Semester Two, staff have had the opportunity to meet in small collaborative teams to support teaching learning at Carenne for all students. As a staff we have discussed current research of best practice and the teaching of reading. Teachers have had the opportunity to share resources, plan together and to support each other. As part of the teaching and learning cycle we have explored how we can gather our baseline data in a range of areas to identify point of need. We currently use a range of strategies to assess our students including department assessments, Students With Additional Needs assessment, running records, work samples, along with teacher observations.



This term staff continue to learn in collaborative teams on a regular basis. During this time we will explore how we can improve our teaching of reading for all students especially in the area of phonological awareness and phonics.







Electric Wheelchair and Mobility Aid Recharge Stations





Bathurst Regional Council has installed two Electric Wheelchair and Mobility Aid Recharge Stations allowing users to stay out in the community longer without a fear of their battery running flat.

Recharge Stations are currently located at;

- Bathurst Regional Library/Bathurst Regional Art Gallery forecourt
- Bathurst Visitor Information Centre

A companion chair is also available at the Bathurst Library/Bathurst Regional Art Gallery forecourt.



- Plain milk
- Sparkling water
- Milk blended with fruit of your choice for a delicious filling smoothie
- Water flavoured with slices of lemon, strawberries or mint



Try to avoid sugar sweetened drinks such as soft drinks, iced tea, flavoured water and fruit dink as they do not contain any nutrients our bodies need but add a lot of kilojoules which can lead to weight gain. If having juice, have only a small serve and consider diluting with water or ice.

healthylunchbox.com.au